

LUNCH MENU

FOOD ALLERGIES AND INTOLERANCES

SPICY		SOY	
VEGETARIAN		PEANUTS	
CRUSTACEANS		NUTS	
EGGS		FISH	
CELERY		MOLLUSCS	
MUSTARD		LUPIN	
CONTAINS LACTOSE		SESAME SEEDS	
CONTAINS GLUTEN		SULPHUR DIOXIDE	
NOT SUITABLE FOR PREGNANCY			



 ENGLISH
 FRENCH



EGG DISHES

OMELETTE 12.5
WITH CHEESE AND HAM

QITSMIJTER 12.5
CHEESE/HAM/TOMATO

EGGS BENEDICT 15.5
WILD SPINACH, AVOCADO, HOLLANDAISE SAUCE AND SALMON
(Also available vegetarian)

OAT BREAD

OAT BREAD WITH CREAM CHEESE 11.5
VOCADO & ARUGULA

OAT BREAD WITH SALMON 13.75
VOCADO & ARUGULA

OAT BREAD WITH PULLED CHICKEN 12.75
VOCADO & ARUGULA

OAT BREAD TUNA MELT 11
CHEESE, TUNA, AND RED ONION

OAT BREAD SPICY TUNA 11.5
JALAPEÑO, RED ONION, TOMATO

OAT BREAD CAPRESE 10.5
AVOCADO, PESTO, AND ARUGULA

CROQUETTES

2 DUTCH SHRIMP CROQUETTES 13.5

2 OLD CHEESE CROQUETTES 13.5

2 VEGAN CROQUETTES 13.5

SOURDOUGH BUNS

SOURDOUGH BUN WITH CARPACCIO 14.5
TRUFFLE MAYO, PARMESAN CHEESE, PINE NUTS AND ARUGULA

SOURDOUGH BUN WITH VITELLO 14.5
CALF ROAST BEEF, TUNA, CAPERS, MAYONNAISE, AND ARUGULA

SOURDOUGH BUN WITH GOAT CHEESE 12.5
HONEY, WALNUTS, AND ARUGULA

QUESADILLAS

QUESADILLA GROUND BEEF 12.5
SOUR CREME AND SALSA

PANCAKES

RED FRUIT/NUTELLA 12.5
SALTY CARAMEL/PECAN 12.5
WALNUTS / MAPLE SYRUP 12.5

SALADS

VITELLO TONNATO 14.5
CALF ROAST BEEF, TUNA, MAYONNAISE, AND CAPERS

TUNA SALAD 12.75
BELL PEPPER, OLIVES, AND RED ONION

GOAT CHEESE SALAD 12.75
QUINOA AND DATES

BEEF CARPACCIO 14.5
TRUFFLE, PARMESAN CHEESE, PINE NUTS, AND ARUGULA

THAI BEEF SALAD 17.5
BOK CHOY, SPRING ONION, BEAN SPROUTS, AND CASHEW NUTS

PULLED CHICKEN SALAD 14.5
BBQ CHICKEN, MUSHROOM, PAPADUM, ARUGULA

BURRATA 14.5
TOMATO, BASIL, AND OLIVE OIL

SOUPS

TOM KHA KAI 7.95
COCONUT MILK, CHICKEN, CORIANDER, SPRING ONION, AND SHIITAKE MUSHROOMS

LOBSTER BISQUE 7.95
LOBSTER SOUP

PRAWNS

DYNAMITE SHRIMP 9X 12.5

PRAWNS AL AJILLO 9X 14.5

BURGERS

KAAP WEST BURGER WITH FRIES 19.75
CHEESE, PICKLE, JALAPEÑOS, FRIED ONIONS, CHEDDAR CHEESE, TOMATO, AND CUCUMBER

PULLED CHICKEN BURGER WITH FRIES 19.75
BBQ SAUCE, JALAPEÑO, CHEDDAR CHEESE, FRIED ONIONS, TOMATO, AND CUCUMBER

RED CARROT BURGER WITH FRIES 19.75
VEGAN CHEDDAR, JALAPEÑOS, PICKLE, FRIED ONIONS, TOMATO, AND CUCUMBER

KIMCHI BURGER WITH FRIES 19.75
VEGAN CHEDDAR, JALAPEÑOS, PICKLE, FRIED ONIONS, TOMATO, AND CUCUMBER

KIDS

HAMBURGER WITH FRIES 10.5

CHICKEN NUGGETS WITH FRITES 9.5

GRILLED CHEESE SANDWICH 5.75
TURKEY HAM & CHEESE

EXTRA'S

FRIES 4.95

LOADED FRIES 7.5
WITH CHEESE AND SPRING ONIONS

SWEET POTATO FRIES 5.75

BAKED SWEET POTATO 5.75
WITH SOUR CREAM

RADICCHIO SALADE 5.75
WITH SESAME DRESSING

FOOD ALLERGIES AND INTOLERANCES
DO YOU HAVE ANY ALLERGIES? PLEASE INFORM US!

SEE BACK FOR FOOD ALLERGIES AND INTOLERANCES